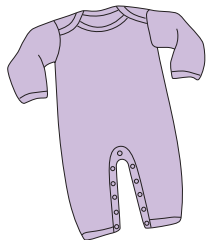


Travelling:

Baby Packing List for your Suitcase



mambaby.com



- ☐ **Approx 2 outfits per day if not planning on doing laundry** (plan ahead and purchase clothing specific to your travel destination's weather, in the right size. Don't stress, though – at most places you'll be able to pick up cute baby clothing)



- ☐ **Sunhat or beanie**



- ☐ **Socks**

- ☐ **Shoes/sandals**



- ☐ **Swimsuits** (if it's hot)

- ☐ **Bibs**

- ☐ **Baby food/baby Cereal**

- ☐ **Eating utensils**

- ☐ **Bottles and teats** (If necessary)

- ☐ **Baby cups**



- ☐ **Extra soothers** (the last thing you want is to lose your baby's favourite soother and not be able to buy one in your destination)



- ☐ **Sleep suit or baby bedding** (Remember if using a sleep suit to pack one appropriate to the local weather. You don't want your baby burning up in a winter's suit in 30-degree heat!)



- ☐ **Changing mat**

- ☐ **Nappies** (how many depends on what's accessible at your destination. We usually plan to buy a box on arrival. However, if your destination won't have the brand you like or it would be difficult to find them, then take your brand of choice)



- ☐ **Wipes** (you can never have too many!)

- ☐ **Swim nappies**

- ☐ **Nappy cream**

- ☐ **Baby toiletries**

- ☐ **Sweater**



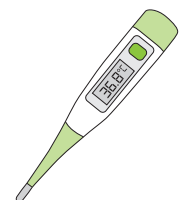
- ☐ **Travel crib/cot** (this isn't always needed. If you're staying at a hotel, ring ahead and book a cot)

- ☐ **Stroller**

- ☐ **Baby carrier** (great for navigating airports or exploring your destination)



- ☐ **Car seat** (For your peace of mind it is advisable to take your own car seat as you know it is the right size for your baby)



- ☐ **Medication/Thermometer** (be prepared for all eventualities)



- ☐ **Sterilising Unit** (to place all your baby's feeding equipment in for cleaning and to keep sterile when not in use)



Travelling:

Baby Carry-on Packing List



- ☐ **Tickets**
- ☐ **Passports and other ID** (if travelling internationally, baby will need his/her own passport and relevant visa. Be sure to sort this out way ahead of time)



- ☐ **Consent form / birth certificate** (check if necessary when both parents are not travelling)



- ☐ **Hotel vouchers/reservation correspondence**



- ☐ **Credit cards/money**
- ☐ **Travel insurance information**
- ☐ **Smartphone and charger**



- ☐ **Tablet with kid-friendly movies** if they are old enough

- ☐ **Prescription medications**

- ☐ **Pen**

- ☐ **Toys**

- ☐ **Teether**



- ☐ **Soothe**r (comforting for baby on take-off and landing, sucking helps alleviate pressure in your baby's ears whilst in the air)



- ☐ **Soothe**r Pod/Self Sterilisable Travel Case

- ☐ **Soothe**r Clip (don't want to lose your soother on your journey)



- ☐ **Baby's special blanket or toy** (guard this with your life!)

- ☐ **Nappies and wipes**

- ☐ **2 changes of clothes for baby**



- ☐ **At least 1 change of clothes for you**

- ☐ **Snacks**



- ☐ **Food for baby*** –at least two more meals than you think you'll need



- ☐ **Formula or milk for baby*** – at least 2 more feeds than you think you'll need (you never know when you'll be delayed)



- ☐ **MAM Self Sterilising Bottles or starter cups**

- ☐ **Breast pump and accessories** (if breastfeeding).

*It is advisable to check with your airline before travelling and remember in most airports the option to purchase baby food is available past security.

